



0333 772 1187 · proud2be.org.uk

TRAINING BROCHURE

PROUD2BE CIC · COMPANY NO. 08070631

PROUD2BE LGBTQ+ INCLUSIVE TRAINING

0333 772 1187 · hello@proud2be.org.uk
proud2be.org.uk



OUR BACKGROUND

We are a grassroots user-led organisation, with strong roots in the LGBTQ+ community. All profits made from our training and consultancy are reinvested into our outreach work, enabling us to support even more people and respond more quickly to community need.

All of our trainers are professional, qualified facilitators who are LGBTQ+. Services are developed and delivered by people with lived experience, allowing LGBTQ+ people to use their first-hand experiences to increase understanding.

We work throughout the UK and beyond, supporting employers, staff and volunteers, teaching staff, students, customers and clients across various sectors.

OUR TOPICS

- Key terms and definitions
- Myths and stereotypes
- Effects of prejudice and discrimination
- Practical ways to support LGBTQ+ people
- Making your practice and/or physical space more LGBTQ+ inclusive.
- Challenging oppressive behaviour/language

OUR CLIENTS

- Education (mainstream schools, special schools, colleges, pupil referral units)
- Youth Work
- Non-Profit/Charities
- Banking
- Prisons
- Health and Social Care
- Housing
- Corporate
- Counselling Colleges



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OUR TRAINING

Working together, we aim to:

- Build your confidence in supporting the LGBTQ+ people you work with, and challenging anti-LGBTQ+ prejudice and discrimination
- Increase your understanding around issues that LGBTQ+ may face
- Improve the morale of your team
- Support you in operating ethically and in line with the regulations set out in The Equality Act 2010
- Provide a certificate of attendance to all attendees



ENGAGING

A participative, interactive approach to learning



FUN

Case studies, Q&As, workshop activities and group discussions



BESPOKE

Meeting participants at their own level of understanding and knowledge

OUR CONSULTANCY

Whether working with you on a one-off intervention or in a longer-term partnership, we will help identify where you are already doing great work - and implement and embed changes to make your organisation even more LGBTQ+ inclusive.

'Excellent trainers; creating a safe, non-judgemental and professional environment to explore thought and ideas whilst learning new terminology. All staff enjoyed the sessions and gained understanding and confidence. Thank you.'

HEAD OF PRIMARY SCHOOL



'I just wanted to thank you for the workshop you ran for us on Saturday afternoon; it really got the learners thinking about gender and difference in general. What a fabulous and extremely connective way to present it - your openness and willingness to discuss each and every question that was raised was remarkable.'

**JULIE WYMAN, DEVON
COUNSELLING COLLEGE**



'More referrals to our programmes are being made from the LGBTQ community because outreach as a result of your training has deliberately sought out more agencies across Plymouth and Torbay ensuring that we reach out to all young people. Thanks so much for delivering such an inspiring session.'

**PROGRAMME MANAGER,
YOUTH ORGANISATION**

CONTACT US

We can arrange a free 15-minute exploratory phone call

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